

parents, your **VOICE** matters *most*

Your kids hear a lot of voices about alcohol and drugs...

but they want to hear what you have to say *most of all.*



I want to know you care

As parents, you have the most significant influence on your children's decisions regarding drugs and alcohol.

I want to be like you

Your own behavior around alcohol and drugs sends powerful messages to your children. If you have a responsible view of alcohol and drugs, chances are your children will, too.



I want you to talk to me now

Children are constantly exposed to many voices, ideas, and messages about drugs and alcohol; talk with them early to guide them in making wise decisions.

**Talk to your child about alcohol
and other drugs**

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I want you to keep me safe

Clear boundaries help children understand that drinking is harmful and unacceptable until they reach adulthood. Teach them how to respond if they are ever offered alcohol or drugs.

I want you to help me grow strong

Since kids' and teens' brains are still developing, they are more vulnerable to the harmful effects of alcohol and drugs. Young brains are more likely to experience long-lasting damage to cognitive function, mental health, and overall development.



Talk to your child about alcohol and other drugs.

Learn how at
JacksonCountyOR.gov/Talk2Kids



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